



Australian Government



myagedcare

Tuluy's story

Learn how Tuluy found an aged care home where he feels truly cared for and appreciated.

Tuluy is aged 90 and started living in an aged care home after he had a stroke. He gets support from many services at the home that meet his different care needs.

Read Tuluy's story or [watch](#) his video story.



A life of learning

"My father told me that you learn until your last breath. And knowledge is such a huge area that you're never finished with it."

Tuluy's life has been shaped by a strong desire to learn and connect with people.

This has guided him through a rich and varied life, including moving to Australia in 1967. Even after his wife passed away 32 years ago, Tuluy kept embracing life, always reading, always learning. He put his family first, a choice he looks back on with wisdom:

"If you have lifelong commitments like marriage and a family, you have to walk steadily and securely in life because you can't risk your family's life."

Finding out about aged care

Tuluy moved to an aged care home following a serious health crisis. After having a stroke and internal bleeding, Tuluy was very weak. His son helped him find a residential aged care provider. Tuluy was thankful for his son and his family's help.

"He said, this place is nice, has fantastic individual rooms. They helped me and I appreciate that, I am grateful to them for that because they saved my life really, because that second stroke would have killed me."

This is a common situation in many families from different cultures, where adult children play a part in helping their parents make important care decisions. They do this out of love and a strong sense of duty to their family.

Care and belonging

Tuluy is supported in his aged care home by many services that meet his personal, religious and cultural needs, helping him keep his dignity and manage his daily life. He is happy that his aged care home brings in professionals like a barber and a foot doctor, making it easy to get expert care. He continues to take care of himself by making his bed, washing and shaving. He is also active in speaking up for other residents, making sure their concerns are heard. His strong personality and open way of talking are respected and understood by the staff.

Tuluy values the human side of the care he gets. He sees the care in his home as different from a hospital. He feels a real connection to the staff and sees how much they care and how hard they work. He says their dedication goes beyond just their job:

“You can feel they have a heart, and they talk to you. They are loving and caring. They choose to save, to look after people. They choose it because they are human, that’s why. And they love humans.”

This real connection is very important for Tuluy. It creates a place where he feels safe, truly seen and valued. He says:

“These are people who don’t know you. They met you here. Yet they care for you. And they look after you. And if you need them, they run up to you. And this is something great. These people are professionals and they’re nice people. They keep talking to you and they joke with you.”

Tuluy’s story is a powerful example of how aged care can change lives for the better, especially when it puts human connection first and respects each person’s background. He praises the workers who provide this care, seeing their job as important for society:

“You are not put in here to die. They want you to be you, and to feel like ‘this is my home’.”

Tuluy’s journey shows that aged care homes can offer more than just physical help. They can be places for continued learning, connecting with others and feeling like you belong. This helps people to live their later years with dignity and happiness.

Your aged care needs to work for you. Like Tuluy, you have the right to aged care that is safe, meets your needs, and gives you choice in the support you receive.

For more information visit [MyAgedCare.gov.au](https://www.myagedcare.gov.au) or free call 1800 200 422.